



Government of the Republic of Trinidad and Tobago

Ministry of Health

CORPORATE COMMUNICATIONS UNIT

Ground Floor Park Plaza, St. Vincent Street, Port of Spain

MEDIA RELEASE

April 10, 2020

Trinidad and Tobago COVID-19 (Novel Coronavirus) Update # 93

Port-of-Spain, April 10th, 2020: As part of the national drive to safeguard the health of the Trinidad and Tobago population in the face of the global COVID-19 outbreak, the Ministry of Health continues to provide up-to-date information on the country's status in this regard.

As of the **night of Friday April 10th, 2020** the Ministry reports the following:

Number of samples submitted to the Caribbean Public Health Agency (CARPHA) for testing for COVID-19	1090
Number of samples which have tested positive	109
Number of deaths	8
Number of persons discharged	3

The Ministry of Health provides the following update:

- Two additional persons have been discharged – Both were patients at the Couva Hospital and Multi-Training Facility.

Of the total number of positive cases, 49 of these positive cases came from the group of nationals who recently returned from a cruise:

- 46 positive cases from the group of 68 nationals who returned from the cruise together
- 3 positive cases from the group of nationals who returned from the same cruise separately from the other 68 nationals.

The Ministry of Health reminds the public that COVID-19 can be spread by touching surfaces that are contaminated with the novel coronavirus. It is important to regularly sanitise commonly touched surfaces (e.g. table tops, handrails, door knobs and trolleys). If dirty, they should be cleaned using a detergent or soap and water prior to sanitization. A simple solution of 1/3 cup of household bleach to one gallon of water is quite effective.



1(868) 627-1047 / 623-8492 or
627-0010/12/14
Ext. 1720-1725



1(868) 627-1047



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The important elements of sanitisation are disinfecting frequently and thoroughly, and using the cleaning product correctly.

The public is also strongly advised to take the following personal hygiene measures to protect themselves and their loved ones from COVID-19:

- Wash your hands properly with soap and water
 - Use an alcohol-based hand sanitizer if water and soap are not available
- Cover your nose and mouth with a tissue when you cough or sneeze
 - Dispose of tissue immediately after using
 - Cough and sneeze into the crook of your elbow if you do not have a tissue
- Avoid touching your face
- Stay home if you are ill
- Avoid close contact with people who have flu-like symptoms
- Practice social distancing ((e.g. no kissing, hugging or hand-shaking, avoid unnecessary gatherings). Stay 6 feet away from others.

Additionally, all public transportation vehicles should operate with windows open and limit their occupancy by 50 percent.

The Ministry will continue to provide accurate information to the public in a timely fashion. The public is therefore urged to disregard and avoid sharing all unconfirmed, misleading and/or false information about COVID-19 (formerly Novel Coronavirus).

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